

## COASTAL NATUROPATHIC CENTER

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### **Urinary Tract Treatment Protocol**

**d-Mannose: 1 rounded tsp 3 times per day. Be certain to take this with some water or other fluid.**

d-Mannose prevents the bacteria from sticking to the bladder wall and better allows the body to clear the infection.

**UTI Formula: 3-4 dropperfuls with several ounces of water 3 times per day.**

UTI Formula is a combination of several herbs that have anti-microbial properties thereby safely killing the bacteria.

**EHB: 2 capsules 2-3 times per day with eating.**

EHB is a combination of herbs and nutrients to help the immune system get over infections in general. Sometimes UTI is just localized and one does not need to take EHB, but if there are systemic symptoms of just “being sick”, add EHB as above.

**DO THIS TREATMENT UNTIL SYMPTOMS ARE GONE FOR THREE DAYS.**